

**HOLY CROSS PARISH**  
**CONFIRMATION FAITH SHARING PROJECT #1**  
*"Keeping the Faith"*  
**Due January 31**

CANDIDATE: \_\_\_\_\_ MENTOR: \_\_\_\_\_

**Before Meeting with your Mentor**

Schedule a 60-90 minute meeting time to be conducted in person.  
Items needed: This packet, pens or pencils, a bible.

**Meeting Details**

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Place: \_\_\_\_\_

**1. Opening Prayer**

*For all those who have fallen  
let them stand with your feet.  
For all those who have been blinded,  
show them the light through your eyes.  
Give them the strength to walk through darkness  
and soar with open hearts through the journey of life. AMEN*

**2. Let's Get Acquainted**

Spend 10-15 minutes getting acquainted by each answering the following questions aloud.

- Who are the members of your family (names, ages)?
- Which child are you in your family: first, second, oldest, youngest?
- What do you like and dislike about your position in your family?
- What do you like to do for fun?
- What kind of music do you enjoy? What is a favorite musician or musical group of yours? What is your favorite song?
- Describe a good movie you've seen recently.
- What do you like most about your life right now? What do you like least?
- Share with each other a dream or hope for yourself for the future.

Complete the "Getting to Know You" handout and share your responses with one another.

**3. Faith Focus Question:** What does the word FAITH mean to you? Answer this aloud.

**4. Keeping the Faith Reflection and Discussion**

Read and complete the *Keeping the Faith* inventory. Do this individually so that your answers are your own.

Discuss your answers.

- Item #1: Discuss why you chose the person you named.
- Item #2: Each of these statements examines faith from a different angle. Explain your answers to each other honestly.
- Item #3: This question examines the effect of having faith in separate areas of your lives.  
Share your rating in each area.
- Item #4: This inventory of faith helps you examine and reflect on your belief system. What are the basic beliefs of the Catholic faith? Review the Apostle's Creed if necessary. Affirm what each of you believes in strongly. Understand that it is okay to have doubts. Even John the Baptist had doubts (Luke 7:18-23)!
- Item #5: Complete the sentences aloud. Discuss each of the scriptures and focus in depth on one passage and its context.

## 5. Project Summary

Questions are a normal part of moving from a childhood faith to an adult faith. It is healthy to question your belief in God, independent of your parent's faith (the faith you have grown up with). In examining the Catholic faith for yourself, how does your faith and belief relate to your everyday life?

How does faith make a difference in your quality of life?

## 6. What Can We Do?

You are called to **ACTION!** Choose one of the suggestions below or think of another on your own that relates to this topic. **NOTE:** You will discuss results of your action with your mentor when you meet for your next project.

Suggested Actions:

- Interview your parents or another adult about their belief in God, life and death, the Bible, miracles, prayer, etc. Ask them what they learned from the experience.
- Write down questions you may have about the Catholic faith. Bring them back to your next session for further discussion.

NOTES:

## Closing Prayer:

Dear God,

Thank you for this wonderful day you have given us. Let us make the best out of all our opportunities. Strengthen our faith and make us strong. Give us courage to face the world, and let us always be loving and kind to other another. Bless us and be with us throughout this day. AMEN.

## **Looking Back**

Complete these sentences:

One thing I learned about my mentor/candidate during this session is...

One thing I discovered about myself during this session is...

After this session, one thing I like about the Catholic Church is...

# GETTING TO KNOW YOU

My favorite movie/song is...

I like being Catholic because...

A favorite way for me to spend alone time is...

Three qualities that best describe me are...

My faith is...

A favorite place in nature  
of mine is...

My hobbies...

I value my friends because...

The first thing  
I remember  
about God  
is...

I need to have friends who  
have similar values to mine  
because...

I wish that...

My favorite season of the year is...

# KEEPING THE FAITH

**1. Name one or two people who you think have a strong faith in God.**

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**What do they say or do to prove it to others?**

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**2. What do you think? Put an “x” under T for “true” or F for “false”.**

	<b>T</b>	<b>F</b>
<b>If a person has faith, he/she will have no doubts about God.</b>		
<b>For most people, faith is a crutch.</b>		
<b>Today a person cannot live life by faith as easily as people did during biblical times.</b>		
<b>Faith will help me pass a math test.</b>		
<b>God does not expect me to have faith all the time.</b>		
<b>If I could see a miracle, I would have more faith.</b>		
<b>Faith will heal me when I am sick.</b>		
<b>If things are not going well in life, I do not have enough faith.</b>		

**3. Rate yourself from 1-10 (10 being the most) on how much your faith in Christ makes a difference in each of the areas listed below.**

<b>10</b>							
<b>9</b>							
<b>8</b>							
<b>7</b>							
<b>6</b>							
<b>5</b>							
<b>4</b>							
<b>3</b>							
<b>2</b>							
<b>1</b>							
	<b>Friends</b>	<b>Family</b>	<b>Thoughts</b>	<b>Dating</b>	<b>Work</b>	<b>School</b>	<b>Leisure</b>

**4. Below are a few basic Christian “statements of faith”. Which ones do you believe completely? Which ones do you have doubts about? Which ones do you disbelieve?**

	<b>Believe</b>	<b>Doubt</b>	<b>Disbelieve</b>
<b>I believe in God.</b>			
<b>I believe that Christ rose from the dead.</b>			
<b>I believe the Bible is true.</b>			
<b>I believe that I will go to heaven when I die.</b>			
<b>I believe that God answers prayer.</b>			

**5. Read each of the Bible verses below and then complete the sentences using what you learned from the Bible passage.**

**Romans 10:17**

**Faith comes from \_\_\_\_\_**

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**Hebrews 12:2**

**Jesus is \_\_\_\_\_**

---

**Hebrews 12:2**

**Faith is \_\_\_\_\_**

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**James 2:18-19**

**Faith is shown by \_\_\_\_\_**

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# MENTOR'S COPY

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5							
4							
3							
2							
1							
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**James 2:18-19**

**Faith is shown by \_\_\_\_\_**

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